



AFRICAN AMERICAN FAMILY SERVICES

www.aafs.net

Effective Parenting Lecture Series - 2009

Date	Session Topic
1/6/2009	Foundation of Effective Parenting
1/13/2009	Single Parenting & the Extended Family Relaxation Techniques – Taking Time for Yourself
1/20/2009	The Need for Effective Praise Positive Communication Methods
1/27/2009	School Readiness Tackling Educational Neglect & Truancy
2/3/2009	Discipline vs. Punishment Reasons for not using Corporal Punishment Goals of Misbehavior
2/10/2009	Teaching New Behaviors Social Learning The Effects of Chemical Use On Parenting
2/17/2009	The Time Out Method The Point System Method
2/24/2009	Child Development 101 Parenting Techniques for Children with Special Needs
3/3/2009	Setting Family Rules Encouraging Cooperation
3/10/2009	Using Community Resources
3/17/2009	Course Review

Location	Time
North Point Health and Wellness Center 1315 Penn Ave. North, Minneapolis, MN 55411	Tuesdays from 6:00 – 8:00 pm

To register or inquire: Call Abby Johnson 612-238-2352.



AFRICAN AMERICAN FAMILY SERVICES

www.aafs.net

Effective Parenting Lecture Series - 2009

Date	Session Topic
1/7/2009	Foundation of Effective Parenting
1/14/2009	Single Parenting & the Extended Family Relaxation Techniques – Taking Time for Yourself
1/21/2009	The Need for Effective Praise Positive Communication Methods
1/28/2009	School Readiness Tackling Educational Neglect & Truancy
2/4/2009	Discipline vs. Punishment Reasons for not using Corporal Punishment Goals of Misbehavior
2/11/2009	Teaching New Behaviors Social Learning The Effects of Chemical Use On Parenting
2/18/2009	The Time Out Method The Point System Method
2/25/2009	Child Development 101 Parenting Techniques for Children with Special Needs
3/4/2009	Setting Family Rules Encouraging Cooperation
3/11/2009	Using Community Resources
3/18/2009	Course Review

Location	Time
Sabathani Community Center, 310 E. 38 th St., 3 rd Floor, Room J, Minneapolis, MN 55409	Wednesdays from 6:00 – 8:00 pm

To register or inquire: Call Sean Lewin 612-238-2348.